

INSTRUCTIONS FOR DIETARY PRESCRIPTION FORM

Portales Schools Student Nutrition Services will make modifications and substitutions to the regular school meals for a student with a disability that restricts their diet. The Portales Schools Diet Prescription Form must be completed and signed by a licensed physician for a student with a disability before the school cafeteria can provide any modifications or substitutions. The completed form must be provided to the school nurse.

Menu Modifications for Children with Disabilities

Children with disabilities who require changes to the basic meal are required to provide documentation with accompanying instructions from a licensed physician. This is to ensure that any meal modifications meet nutrition standards which are medically appropriate for the child.

Follow these steps to ensure a student with a disability requiring special nutrition needs is served the proper diet in the breakfast, lunch and snack programs:

1. A Portales Schools Special Diet Prescription Form must be filled out completely and signed by a licensed physician annually if the student has a disability. This form may be obtained from the School Nurse.
2. **Regulations require that this documentation be on file for each student who receives a special meal.** The documentation must be on file in the school cafeteria and nurse's office.
3. Work with the cafeteria manager and school nurse to know what foods will be served by the school.

Serving the Special Dietary Needs of Children without Disabilities

Portales Schools Student Nutrition Department will try to accommodate special dietary needs for students without a disability. However, the school is not required to serve special meals to all children with diet restrictions. Such determinations are made on a case by case basis by the Student Nutrition Department and must be supported by the same Special Diet Prescription Form signed by a licensed physician.

For further information, including definitions of disability and of other special dietary needs, and school's responsibility, please visit USDA's Student Nutrition website at: <http://www.fns.usda.gov/cnd/Guidance/>.

Portales Municipal School District
Student Diet Modification Form

Name of Student (Last, First): _____ Date of Birth: _____

School: _____ Teacher: _____ Grade: _____

Parent/Guardian contact information: Name: _____

Phone Number: _____ Email: _____

Which meals will the student eat **from the school cafeteria** (please circle)?

Breakfast Lunch None (if the student does not eat in the cafeteria, modifications will not be arranged)

Does the child have a **life-threatening food allergy**? Yes No (if yes, complete **section A**)

Does the child have a **Disability** requiring diet modification? Yes No (if yes, complete **section B**)

Parent Signature _____ Date _____

**** Sections A &/or B must be completed by a licensed physician.**

Section A- Life threatening Food Allergy

Foods to be omitted from diet: _____

Safe food substitutes: _____

Can the student consume foods where the allergen is an ingredient in a product? Yes No

(i.e. Can consume eggs in baked goods, but not scrambled eggs)

Can the student consume foods which are manufactured in a facility with peanuts? Yes No

Has the student ever had an anaphylactic reaction to the above listed food? Yes No

Has the student ever had allergy testing indicating an allergy to the above listed food? Yes No

Will Benadryl and/or Epi Pen be provided to the school: NO YES

If student has had an anaphylactic reaction, or positive allergy testing, an allergy action plan and an Epi Pen and/or Benadryl must be provided.

Section B- Disability Does the student have a disability that restricts the diet? Yes No

Explain: _____

Foods to be omitted from diet: _____

Safe food substitutes: _____

Name of Physician (print) _____ Phone _____

Physician Signature _____ Date _____ Phone _____

Signature of School Nurse _____ Date _____

Food Service Director Signature: _____ Date: _____

Modifications will be made

Portales Municipal Schools cafeterias do not serve the listed foods; this form will be placed in student's file.

Does not meet requirements for modifications based on the following:

Revised 03/07/2023 DS, RN